

Smith+Nephew

Academy

Education + Innovation + Excellence

+ INSPIRE

International Sports Medicine Platform
for Innovation, Research, and Education



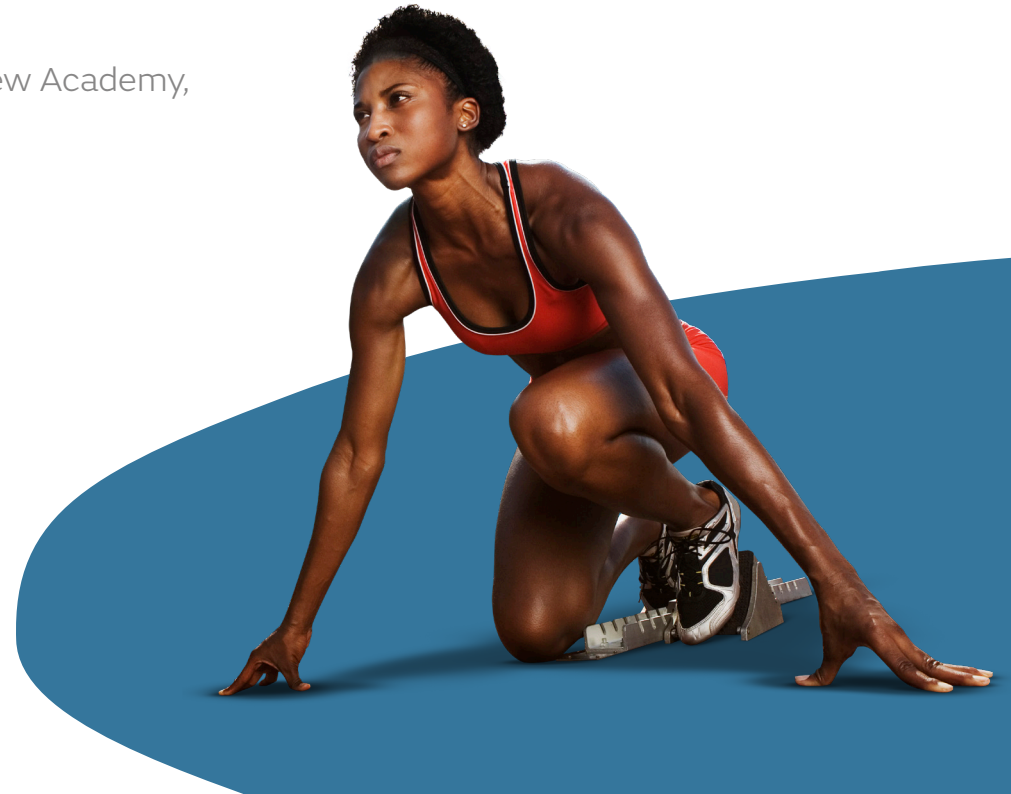
+ Foot + ankle academy instructional course

Date: 6-7 February 2025

Programme

Chairperson: Prof. Niek van Dijk, Netherlands

Smith+Nephew Academy,
London



Course description

This Smith + Nephew Foot + Ankle Instructional course features scientific debates, workshops and open discussions, enabling delegates to extend their scope of practice in foot + ankle arthroscopy techniques. Focusing on ankle/hind foot arthroscopy and instability/achillies tendon conditions, sessions will start with guided case discussions from the faculty around each topic followed by a lab session to cover the relevant surgical techniques. Anatomical workshops will ensure the delegates receive comprehensive tuition and practice the techniques required whilst using the relevant S+N products in a safe and controlled environment.

Accreditation

Accredited by the Royal College of Surgeons of England

Chairperson



Prof. Niek van Dijk
Netherlands

Faculty



Dr. David Campillo
Spain



Dr. Bruno Pereira
Portugal



Dr. Mellany Galla
Germany



Academy Online

As online content is an integral part of the course, you will be pre-registered on our online Global Medical Education learning platform "[Smith+Nephew Academy Online](#)".

Please complete your profile to access the assigned course modules associated with this full course. After completion of the course with full attendance, this is where you will have access to feedback surveys and certificates

Course description

Learning objectives

- Explain different approaches to F+A instability and achillies tendon conditions
- Recognise complex F+A instability cases and understand ways to approach
- Observe, outline and practise current and emerging F+A surgical techniques

Participant profile

- Consultant orthopaedic surgeons who are undertaking more than 60 foot+ankle procedures a year for at least 5 years
- Surgeons with a high interest in advanced foot + ankle repair, wanting to learn techniques for managing instability conditions
- This course will be conducted in English, therefore a good command of the language is essential

Focus products

FOOTPRINT[◇] ULTRA PK
TWINFIX[◇] ULTRA PK
Q-FIX[◇] with Needles
ULTRABRIDGE[◇] kit
ULTRABRACE[◇] kit
HEALICOIL[◇] PK suture anchor
with needles
FOOTPRINT[◇] MINI PK



ULTRABRACE[◇] Kit

Programme

Thursday, 6 February

Day 1

Time	Session	Speaker
<i>Morning</i>	<i>Individual arrivals</i>	<i>All</i>
11:30 - 12:15	Registration and welcome lunch	All
12:15 - 12:25	Welcome and introductions	Smith+Nephew
12:25 - 12:30	What to expect from these 2 days	N van Dijk
Session 1		
12:30 - 12:45	Anterior ankle arthroscopy: Indications/access tips + tricks	N van Dijk
12:45 - 13:00	Posterior arthroscopy and tendoscopy: Indications/access tips + tricks	N van Dijk
13:00 - 13:10	Discussion	All
13:10 - 13:30	Lateral ankle instability: Indication of arthroscopic percutaneous brostrom repair and my approach	N van Dijk
13:30 - 14:30	Case discussions: Lateral ankle instabilty	All faculty
14:30 - 14:40	Endoscopic vs open FHL transfer: Indications, tips & tricks	M Galla
14:40 - 14:55	Discussion	All
14:55 - 15:05	Coffee break and change for the lab	All
Session 2	Anatomical wetlab	
15:05 - 17:35	Anterior + posterior arthroscopy - Arthroscopic brostrom repair + augmentation	All
17:35 - 17:40	Recap of the day and close	N van Dijk
17:40	Coach transfer back to the hotel	All
19:00	Meet in the lobby of the hotel to take a short walk for dinner	All
19:30	Course dinner	All

Programme

Friday, 7 February

Day 2

Time	Session	Speaker
Morning	Breakfast at the hotel and check out	All
07:30	Group transfer to the Academy	All
08:00 - 08:05	Welcome back to day 2	Smith+Nephew
Session 3		
08:05 - 08:15	Insertional achillies tendinopathy	B Pereira
08:15 - 08:25	Mid-substance achilles tendinopathy	B Pereira
08:25 - 08:35	Syndesmotic repair	D Campillo
08:35 - 09:35	Case discussions: Why does my foot hurt?	N van Dijk
09:35 - 09:45	Discussion	All
09:45 - 10:00	Coffee break and change for the lab	All
Session 4		
Anatomical wetlab		
10:00 - 12:00	Open brostrom repair / syndesmotic repair	All
12:00 - 12:40	Lunch	All
Session 5		
Anatomical wetlab		
12:40 - 14:30	Insertional achillies tendinopathy	All
14:30 - 14:40	Summary: Insights, outcomes, key learnings + Q+A	N van Dijk
14:45	Departures	All

Various content



Course venue

Smith+Nephew
Academy London
Building 5, Croxley Business Park
Hatters Lane, Watford, WD18 8EY

Hotel information

Leonardo Hotel, Watford
Clarendon Road,
Watford, WD17 1JA

Course dinner

Opuz Kitchen
7 King Street
Watford, WD18 0BW

Transfers/directions

Transfers from the airport to the hotel and back according to the online registration system entries

Event management

Laura Andrews
Medical Education Manager International, EU
T: +44 7583 672 628
E: laura.andrews@smith-nephew.com

Programme and faculty management

Lucy Hodsdon
Medical Education Senior Programme Manager International, EU
T: +44 797 196 2539
E: lucy.hodsdon@smith-nephew.com

Life Unlimited

Code of ethics

All healthcare professionals must comply with their local guidelines and regulations regarding the costs associated with any meeting. Smith & Nephew, Inc. is committed to following the relevant code of ethics and limits attendance at company sponsored events to healthcare professionals with a bona fide professional interest.

Course Certificates

Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be provided only to delegates who attend the entire course, unless there are exceptional circumstances. The course organiser will assess any exceptions for legitimate reasons.

Disclaimer

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Photography and video

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