

International Foot & Ankle Mega Course Arthroscopy, Fore-, Mid- and Hindfoot Surgery

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Faculty	Mellany Galla, MD Manuel Resende Sousa, MD Andreas Toepfer, MD Andreas Schirm, MD Xavier Martin Oliva, MD Ronny Lopes, MD Kay-Uwe Hoffmann, MD Nuno Brito, MD
Date	March 1-2, 2019
Location	Arthrex GmbH Erwin-Hielscher-Str. 9 81249 Munich DE

Program | Friday, March 1, 2019

09:15 - 09:45	Registration, Welcome, Coffee and Exhibition	Doctors' Lounge
09:45 - 11:00	Didactic Session 1 – Anterior Arthroscopy and Ankle Instability	
15'	• Introduction and Company Presentation	Arthrex
10'	• Orthobiologics at Arthrex	S. Schaumann
10'	• Ankle Arthroscopy: Indications, Setup, Portals and Techniques (Anterior Decompression, Loosen Bodies, Synovitis and Talar Osteochondral Defect)	M. Galla
10'	• Arthroscopic Lateral Ankle Repair Options (ArthroBrostrom®, Arthroscopic Brostrom and Arthroscopic Brostrom-Gould)	R. Lopes
10'	• Arthroscopic Lateral Ankle Reconstruction (TightRope®, Tenodesis)	R. Lopes
10'	• Posterior Arthroscopy: Indications, Setup, Portals and Techniques (Arthroscopic Os Trigonum Excision, Talocrural and Subtalar Fusion, Arthroscopic FHL-Transfer)	M. Galla
10'	Discussion	
11:00 - 11:20	Coffee Break	Doctors' Lounge
11:20 - 13:15	Wet Lab	
	• Anterior Arthroscopy, Anterior Decompression, Targeted Drilling, ArthroBrostrom®, Arthroscopic Brostrom and Arthroscopic Brostrom-Gould, Arthroscopic Ligament Reconstruction, Posterior Arthroscopy, Arthroscopic Talocrural and Subtalar Fusion, Arthroscopic FHL-Transfer, Orthobiologics at Arthrex	
13:15 - 14:00	Lunch Break	Arthrex Cafeteria

ArthroLab™

Back

Arthrex®

© Arthrex GmbH, 2019. All rights reserved

International Foot & Ankle Mega Course Arthroscopy, Fore-, Mid- and Hindfoot Surgery

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Faculty	Mellany Galla, MD Manuel Resende Sousa, MD Andreas Toepfer, MD Andreas Schirm, MD Xavier Martin Oliva, MD Ronny Lopes, MD Kay-Uwe Hoffmann, MD Nuno Brito, MD
Date	March 1-2, 2019
Location	Arthrex GmbH Erwin-Hielscher-Str. 9 81249 Munich DE

Program | Friday, March 1, 2019 Month

13:15 - 14:00	Lunch Break	Arthrex Cafeteria
14:00 - 15:20	Didactic Session 2 – Ankle Sports and Trauma Pathologies	
10'	• Lateral Ankle Instability: Modified Brostrom Repair and <i>InternalBrace</i> ™	M. Resende Sousa
10'	• Syndesmosis Injuries	N. Brito
10'	• Achilles Insertional Tendinopathy	N. Brito
10'	• Achilles Tendon Percutaneous Midsubstance Repair	R. Lopes
10'	• Endoscopic Plantar Fascia Release and Gastroc Lengthening	A. Schirm
10'	• Overview of the Arthrex Foot Trauma Systems: 5 th Metatarsal Fractures, Calcaneal Fractures, Ankle Fractures	N. Brito
10'	• Surgical Outcomes System™ (SOS)	Arthrex
10'	Discussion	
15:20 - 15:40	Coffee Break	Doctors' Lounge
15:40 - 18:00	Wet Lab	
	• Modified Brostrom-Gould with <i>InternalBrace</i> ™, Lateral and Medial Ankle Reconstruction, Foot & Ankle Trauma, Syndesmosis TightRope®, Percutaneous Achilles Tendon Repair, Achilles Tendinopathy Treatment, Endoscopic Plantar Fascia / Gastroc Release, Ankle Fractures Solutions	
18:00 - 18:10	Shuttle to the Bavaria Motel	
18:10 - 18:20	Shuttle from the Bavaria Motel to the Restaurant	
19:00	Bavarian Dinner	

International Foot & Ankle Mega Course Arthroscopy, Fore-, Mid- and Hindfoot Surgery

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Faculty	Mellany Galla, MD Manuel Resende Sousa, MD Andreas Toepfer, MD Andreas Schirm, MD Xavier Martin Oliva, MD Ronny Lopes, MD Kay-Uwe Hoffmann, MD Nuno Brito, MD
Date	March 1-2, 2019
Location	Arthrex GmbH Erwin-Hielscher-Str. 9 81249 Munich DE

Program | Saturday, March 2, 2019

08:30 - 09:00	Coffee and Exhibition	Doctors' Lounge
09:00 - 10:15	Didactic Session 3 – Flatfoot Reconstruction Solutions	
10'	• Pathophysiology of the Flatfoot	A. Toepfer
10'	• The Correction of Flatfoot by Subtalar Arthroereisis in Adolescents and Adults	A. Toepfer
15'	• Osseous Corrections (Calcaneal Slide, Evans and Cotton Osteotomy)	X. Martin Oliva
10'	• The Importance of the Spring Ligament Repair for Flatfoot Treatment: Combined FDL Transfer and Spring Ligament Augmentation	M. Resende Sousa
10'	• Techniques and Implants for Ankle and Mid- and Hindfoot Fusion	X. Martin Oliva
10'	• First experiences with a new Ankle Spacer Device	Arthrex
	Discussion	
10:15 - 10:30	Coffee Break	Doctors' Lounge
10:30 - 12:15	Wet Lab	
	• Arthroereisis, Calcaneal Osteotomy, Evans Osteotomy, FDL Transfer with Spring Ligament Augmentation, Cotton Osteotomy, Calcaneocuboidal Fusion, Medial Column Fusion, Ankle Arthrodesis, Ankle Hemiprosthesis	
12:15 - 13:00	Lunch Break	Arthrex Cafeteria

International Foot & Ankle Mega Course Arthroscopy, Fore-, Mid- and Hindfoot Surgery

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Faculty	Mellany Galla, MD Manuel Resende Sousa, MD Andreas Toepfer, MD Andreas Schirm, MD Xavier Martin Oliva, MD Ronny Lopes, MD Kay-Uwe Hoffmann, MD Nuno Brito, MD
Date	March 1-2, 2019
Location	Arthrex GmbH Erwin-Hielscher-Str. 9 81249 Munich DE

Program | Saturday, March 2, 2019

12:15 - 13:00	Lunch Break	Arthrex Cafeteria
13:00 - 14:10	Didactic Session 4 – Treatment Options for Forefoot Pathologies	
10'	• Basic Minimal Invasive Forefoot Surgery	A. Toepfer
10'	• Dorsomedial and Plantar Lapidus Procedure for Hallux Valgus Repair	A. Toepfer
10'	• Double Osteotomy (Proximal Opening Wedge and Distal Reverdin-Green)	K.-U. Hoffmann
10'	• Metatarso-Phalangeal Arthrodesis and Hemiarthroplasty	X. Martin Oliva
10'	• Techniques for PIP-Fusion, Plantar Plate Repair and Toe Alignment Correction	A. Schirm
10'	• Hallux Varus Repair	M. Resende Sousa
10'	Discussion	
14:10 - 14:40	Coffee Break	Doctors' Lounge
14:40 - 16:30	Wet Lab	
	• MIS, Phalanx Arthrodesis, Chevron Osteotomy, Scarf / Akin Osteotomy, Metatarso-Phalangeal Fusion and Hemiprosthesis, Hammertoe, Plantar Plate Repair, Hallux Varus with Mini TightRope®, Hallux Varus InternalBrace™ Ligament Augmentation Repair, Lapidus combined with 1.1 mm TightRope®, Low Profile Opening Wedge	
16:30	End of Course	